

OVERCOMING MONARCH MIND CONTROL
FEEDBACK FROM THERAPISTS & SURVIVORS

FREE EXCERPT FROM

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MONARCH MIND CONTROL

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THERAPISTS & SURVIVORS

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MEMOIRS OF A SATANIC RITUAL ABUSE SURVIVOR

CANNIBALISM, BLOOD DRINKING
& HIGH-ADEPT SATANISM

MENTAL LIBERATION
DEPROGRAMMING SATANIC RITUAL ABUSE, MKULTRA,
MONARCH & ILLUMINATI MIND CONTROL

PSYCHIC DEVELOPMENT
FOR PROSPERITY, SELF DEFENSE & POLITICAL INFLUENCE

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Overcoming Monarch Mind Control:
Feedback from Therapists and Survivors

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It is advised that persons below the age of eighteen should avoid reading this book because of explicit descriptions of child abuse. If you have children in your home, please make sure that they do not have access to it.

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*Healing is a matter of time,
but it is sometimes also a matter of opportunity.*

- Hippocrates

INTRODUCTION

First off, I need to express my respect for the survivors of Monarch mind control who seek therapy and the therapists who help them. It takes great courage to do this work, and such courage must be acknowledged.

I am a survivor of Satanic Ritual Abuse (SRA) and some MK Ultra mind-control techniques. I've talked about my past publicly – on the radio, in a TV interview with Jeanice Barcello – in internet postings and my books and videos. I am the author of the book *Angelic Defenders & Demonic Abusers, Memoirs of a Satanic Ritual Abuse Survivor*, which has enjoyed some modest success. Because of this, I've received feedback from many different people. I've received feedback from the victims of mind control, their friends and their therapists. In this book, it's my intention to share what I've learned from that feedback. I've communicated with people who use different systems of therapy, and I'm not going to describe all of them in detail. Instead I am presenting those concepts about therapy that everyone I've communicated with seems to agree upon.

This book is not a memoir. I've written about my personal experiences as an SRA survivor in other books. Some of these books are very graphic in their descriptions of violence, torture and sexual abuse, so they wouldn't be appropriate for children. But if you're an adult who has an interest in such subject matter, you can find more about my books at the website, <http://AngelicDefenders.TheShameCampaign.com/>

In this book, which also is inappropriate for children, I'm simply going to pass on information and stories that have been shared with me in private. It's my hope that this will be useful in some way to Monarch mind control survivors, their friends and therapists. If nothing else, this book may give hope to the survivors of mind control abuse so that they know complete recovery is always possible.

I don't claim to be a therapist and I am not giving advice on therapy, I am merely making public what therapists and survivors have generously communicated with me. Thus, you are solely responsible for what you do with the information in this book.

In this book, I've not used the real names of the victims out of respect for their anonymity. Furthermore, because of ethical obligations, under no circumstances am I in a position to give anyone the names of victims or therapists referred to here.

A STORY TOLD TO ME

I was told this story by a woman who wishes to remain anonymous. So I will call her by the name *Betty*. She has given me permission to repeat her story here. I believe in the veracity of her story and have no doubts that all which she has told me is the truth.

Betty's Story

After a bitter divorce, Betty felt depressed. So she sought the help of a psychiatrist. At first, therapy with him seemed helpful. He was an attentive listener. And the sessions seemed to help her to cope. But then she began to notice strange events. She began to have periods of missing time. Sometimes she couldn't recall what she had talked about with the psychiatrist during their sessions. But the psychiatrist always seemed dismissive when she brought up these issues, and often he seemed to talk to her with a familiarity that seemed inappropriate or disrespectful.

One morning, Betty woke up with an intense pain in her genitals. The pain continued, so she visited a gynecologist. He told her that she had vaginal tearing consistent with that which would come from rape or exceptionally rough sex. According to her recollection, she hadn't had a sexual relationship since her divorce, so this made no sense to her.

Not long after that, she noticed on her credit card bill that she had purchased fuel and beer at a gas station near the home of

her psychiatrist. But she had no memory of visiting his home and no memory of going to that gas station. Furthermore, she never drank beer.

Although Betty didn't understand what was going on, her instincts told her the psychiatrist was a threat to her. She decided that she needed to get away from him. She had received a job offer in another state and there was little reason for her to stay in the town where she was living. This was because, after her divorce she had virtually no friends there. So she made excuses to avoid the next few scheduled sessions with her psychiatrist. She hastily packed up her belongings, sublet her apartment and moved out of town. On the way out of town, without telling him where she was moving, she mailed the psychiatrist a letter in which she politely informed him that she was leaving therapy.

Betty started a new life in another state, and after a while her world seemed to return to normal. But she knew that something bad had happened between her and that psychiatrist. It eventually bothered her so much that she sought the help of a hypnotherapist to find out what had gone on during the missing time periods. With the help of her new therapist, Betty was able to eventually figure out what had happened.

This is what she recalled after experiencing hypnotherapy to recover her missing time:

As well as having a normal office in town, this psychiatrist had an office in his home. He made up a pretext one day for Betty to come to his home office, supposedly for therapy. There, he had subjected her to a Monarch mind-control technique. She had been programmed with a virtual-reality memory. A virtual-reality memory is one that mimics a real world experience but is based on a projected fantasy.

This virtual-reality experience had been implanted into her mind during a drug-induced trance state. While in a stupor, a combination of mind control commands and audio-video programming was used to construct a surrealistic experience of torture. She described this as being like a 3D movie that was projected into her mind. It also contained physical sensations, some of which were overwhelmingly painful. This traumatic experience created a type of selective amnesia in her mind which caused her to dissociate the memory of the event, so after this Monarch mind control session, she remembered nothing of it.

The word *dissociate* means *to separate*. When a memory contains extreme pain, this can cause it to become separated from the other memories in the mind so that the victim no longer has the ability to recall that memory. However any suggestions or commands contained in that memory still exist on a subconscious level of mind and will be obeyed automatically.

This Monarch virtual-reality torture that had been inflicted upon Betty consisted of a sequence of nightmare images in which she experienced her body being cut into pieces. During this virtual-torture scenario, her torturer was perceived as being Jesus Christ. This imaginary torture was cruel and painful. After this experience of being cut apart, the severed pieces of her body were then miraculously restored by the virtual Jesus. This virtual-torture hadn't been real, but it had felt real. The pain and terror had all been experienced by her.

(In a section toward the end of this book I will explain more about how this virtual pain was created in Betty.)

This trauma-based experience had been used to create a false satanic sex-kitten personality named Sheila. So Sheila

became Betty's alternate personality. In other words, the Monarch mind control session had been used to create an intentional condition of multiple personality disorder.

Sheila had been programmed to hate Jesus and to reject all Christian morality concerning sex. But Sheila had also been programmed to think of the psychiatrist as her rescuer; she had been conditioned to worship him as if he were a god.

At the psychiatrist's command, Betty would instantly turn into Sheila. These commands could be made over the telephone. Once the alternate personality was evoked, Sheila would drive to the psychiatrist's home or office. The psychiatrist would have sex with Sheila whenever he wanted. Sometimes during scheduled psychiatric sessions with Betty, the psychiatrist would evoke Sheila, have her sexually service him, then bring back Betty and finish the so-called therapy session with her. Sheila had been programmed to always say *yes* to any demand her master made of her. The psychiatrist compelled Sheila to engage in perverse acts of sex to which Betty would have never consented. Furthermore, sometimes the psychiatrist pimped out Sheila to his friends. And Sheila was incapable of saying *no*.

One night, during a drunken party, the psychiatrist and his friends had gang-raped Sheila. The next day Betty woke up with painful vaginal tearing and a credit card bill that she couldn't explain.

After Betty figured it all out, she considered taking legal actions against this psychiatrist for malpractice. She thought of bringing rape charges against him. She contacted a trusted lawyer friend of hers who she knew to have political connections. What this woman lawyer discovered through careful research was that this psychiatrist was a high-ranking Freemason. This psychiatrist had political connections

and even a national security clearance. He was a technical advisor to the CIA and a friend to powerful and violent men. Eventually Betty concluded that she had been lucky to escape him with her life. She decided that it would be futile (and probably fatal) to take legal actions against this man.

Betty's therapist had heard of me and my writings about Satanic Ritual Abuse. They decided that the best way for them to pursue justice was to help in the movement to increase public awareness concerning these issues. It's because of Betty, her therapist and others that I felt compelled to write this book and to make it available. So if you want to do something to help Betty find justice, tell others about this book, and send them the link to the website, <http://AngelicDefenders.TheShameCampaign.com>.

If you'd like to read the rest of this book, you can buy it here:

<http://www.amazon.com/Overcoming-Monarch-Mind-Control-Therapists/dp/1515175790/>